



LUMEN CHRISTI
CATHOLIC PARISH



SUPPORT
OUR PARISH

Share the
GOOD NEWS OF SALVATION

5 JULY 2026

14TH SUNDAY IN ORDINARY TIME , A

Liturgy schedule in our parish

ST FRANCIS XAVIER CATHEDRAL

36 Harbour Street, Wollongong

Monday: Mass: 7am
 Tuesday: Mass: 7am
 Wednesday: Mass: 7am
 Confessions: 11:30am
 Mass: 12.10pm
 Thursday: Mass: 7am
 Friday: Mass: 7am
 Adoration: 11:30am
 Confessions: 11:30am
 Mass: 12.10pm
 Saturday: Confessions: 11am—12pm
 Sunday: Mass: 7am, 10.30am & 5pm

ST JOHN VIANNEY, CO-CATHEDRAL

1 Cabbage Tree Lane, Fairy Meadow

Tuesday: Mass: 9.30am
 Sunday: Mass: 8.30am, 4.30pm (Vietnamese)

MATER DOLOROSA CHURCH,

47 Balmoral Road, Balgownie

Sunday: Mass: 10am
 Children's Liturgy (3rd Sunday)

ST BRIGID'S CHURCH

119 Gipps Road, Gwynneville

Saturday: Mass: 5.30pm
 Thursday: Mass: 9.30am
 Sunday: Mass: 9am

Parish Centre

PARISH OFFICE

36 Harbour St, (P.O. Box 874)
 Wollongong NSW 2500

OFFICE HOURS

Monday to Friday 8.30am —2.00pm
 (Closed for Lunch 12pm—12.30pm)

CONTACT US

02 4211 0500

wollongong@dow.org.au

lumenchristi.org.au

linktr.ee/lumenchristiparish



MAY THEY REST IN GOD'S PEACE...

Justin Frew, May McAlary, John Kolberg.

**PLEASE PRAY FOR
OUR SICK PARISHIONERS...**

Duc Trong Nguyen, Jacek McLaurin, Angela Mosley, Brian Mattock, Jim Lyon, Teresa George, Chiara Sirianni, Joyce Milan, Noel Meddows, Dianne Hukins, Matthew Johnson, Pat Carr, John Gauci, Joseph Scalia, Liesl Caiba.

*"Come to me, all
you who labour
and are
burdened, and
I will give
you rest."*

— Matthew 11:28

ACKNOWLEDGEMENT

We show our respect and acknowledge the Traditional Custodians of the Dharawal Country, Elders past, present, and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander Peoples.



OUR

Sacraments

SCAN TO VISIT OUR WEB PORTAL



Welcome to LUMEN CHRISTI PARISH

Parish Calendar

- Mon, 06 Jul: Fairy Meadow CWL Meeting, MDB 2pm
- Wed, 08 Jul: Wollongong CWL Meeting, Xavier Ctr 10am
- Wed, 15 Jul: Fr John Rigney (1838)
- Wed, 15 Jul: Baptism Class, SFX 7pm
- Sun, 19 Jul: Children's Liturgy 10am, MDB
- Mon, 20 Jul: Term 3 resumes
- Sun, 02 Aug: Catechist drive weekend 2025
- Sun, 02 Aug: Hospitality weekend
- Mon, 03 Aug: Fairy Meadow CWL Meeting, MDB 2pm
- Tue, 04 Aug: Feast of St John Vianney

Parish Hospitality This Weekend

Join us for hospitality after the 8.30am, 9.00am, 10.00am and 10.30am Masses this weekend. Thank you to our wonderful volunteers for helping make our parish a welcoming community. Everyone is warmly invited!

Happy 90th Birthday, Margaret O'Donoghue!

This weekend, we joyfully congratulate Margaret O'Donoghue as she celebrates her 90th Birthday! As the dedicated Sacristan of St Brigid's Church, Margaret has faithfully served our parish for many years with generosity, care and humility. Through her dedication, she helps prepare our church for the celebration of the Sacred Liturgy, ensuring that our parish remains a beautiful and welcoming place of prayer for all.

We thank Margaret for her faithful witness and the countless ways she has enriched the life of our parish community.

May God continue to bless her with good health, happiness and peace. Happy 90th Birthday, Margaret!

Volunteers Needed – 9.00am Mass, St Brigid's

We are seeking more Altar Servers, Readers and Welcomers for the 9.00am Sunday Mass at St Brigid's Church, Gwynneville.

If you regularly attend this Mass and would like to serve our parish, please contact the Parish Office. Your support would be greatly appreciated.

Enrolments First Reconciliation and First Communion

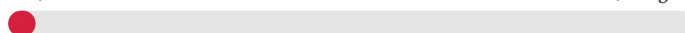
Enrolments are now open for the First Reconciliation and First Holy Communion Sacramental Program. To enrol your child and view the program information, please visit: lumenchristi.org.au/sacramental

Help Support the renewal of St Francis Xavier Cathedral

Help preserve St Francis Xavier Cathedral for future generations. Exterior restoration works commence later this year, ensuring our Cathedral continues to be a place of faith, worship and pilgrimage for generations to come. To help with your donation today visit: sfx.org.au/give

\$26,750 raised

\$760,000 goal



BISHOP OF WOLLONGONG

Most Reverend Brian G Mascord,
Diocesan Bishop

PARISH STAFF

Very Reverend Bernard L Gordon,
Vicar General, Dean of the Cathedral
& Parish Priest

Reverend Cang Tran,
Assistant Priest

Kevin Galea,
General Manager

Leanne Burlin,
Parish Office Coordinator

Patricia Di Leva,
Administration Assistant

WOLLONGONG HOSPITAL
Emergency Calls: 0475 815 506

PARISH COUNCILS

Kathy Uroda,
Chair of the Pastoral Council

Vicky Davidson,
Chair of the Finance Council

PARISH SCHOOLS

Amy Sammut, Principal
St Brigid's Gwynneville

Pauline Chrostowski, Principal
Good Samaritan Fairy Meadow

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT:
DONATIONS & PLANNED GIVING
BSB: 066 711 Account: 008056
Account Name: LC Parish

PRESBYTERY ACCOUNT:
FOR THE CLERGY
BSB: 066 711 Account: 002286
Account Name: LC Presbytery

HOSPITAL CHAPLAIN

Wollongong Public/Private
Phone: 0475 815 506



Aboriginal and Torres Strait Islander Sunday

This weekend we celebrate Aboriginal and Torres Strait Islander Sunday, giving thanks for the faith, culture and enduring contribution of Australia's First Peoples. It is an opportunity to pray for healing, reconciliation and justice, and to recognise the deep spiritual connection Aboriginal and Torres Strait Islander peoples have with God, Country and community. May we continue to walk together in respect, hope and the love of Christ.

Significant Marriage Anniversaries Mass

If you are celebrating 25, 30, 40, 50, 60 or over 60 years of marriage this year, you are warmly invited to the Significant Marriage Anniversaries, celebrated with Bishop Brian Mascord on Sunday 6 September 2026 at 2pm at the St Francis Xavier Cathedral, Wollongong.

Mass will be followed by light refreshments in the Xavier Centre Conference Room.

Registration is essential and must be completed online at dow.sh/ma26 by no later than Monday, 17 August 2026.

Any enquiries please contact Helen Bennett on 4222 2403 or email helen.bennett@dow.org.au.

Angela Sirc - RIP

We ask you to keep Angela Sirc, a much-loved parishioner of St Brigid's Church, Gwynneville, in your prayers following her passing on 21 June 2026.

Many parishioners will remember that on Palm Sunday weekend in 2022, Angela was seriously injured in a hit-and-run accident outside St Brigid's Church. In the pouring rain, Fr Bernard remained with her, praying and administering the Sacrament of the Anointing of the Sick until the ambulance arrived. By God's grace, Angela recovered sufficiently to return to Mass whenever her health permitted, remaining a faithful witness to hope and perseverance.

Earlier this year, Angela moved into residential aged care, where she peacefully passed into eternal life.

Please pray for her sons Frank, Anton and David, and all her family and friends as they mourn her loss.

"Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen."

Children's Liturgy - Sunday 19 July

Children's Liturgy of the Word will be held on Sunday, 19 July during the 10.00am Mass at Mater Dolorosa Church, Balgownie. To register, visit lumenchristi.org.au/cl.



Altar Serving Formation

Lumen Christi Parish is inviting young people from Year 4 and above to become Altar Servers. Training will be provided. Parents are encouraged to support their children in this important ministry.

Sessions will be held from 9:30am to 10:30am at St Francis Xavier Cathedral, Wollongong.

Session 1: Saturday 1st August 2026

Session 2: Saturday 8th August 2026

Register at: lumenchristi.org.au/training

Why do we stand, sit and kneel at Mass?

Every posture we adopt during the Mass has meaning. They are not simply actions but expressions of our faith and unity as the Body of Christ.

- **We stand** to honour Christ as we listen to the Gospel, pray together, and profess our faith. Standing is the traditional posture of the Resurrection.
- **We sit** to listen attentively to the readings, homily and periods of reflection, allowing God's Word to take root in our hearts.
- **We kneel** during the Eucharistic Prayer as a sign of adoration, humility and reverence before the Real Presence of Jesus Christ in the Eucharist.

When the whole congregation moves together, we give visible witness that we are one family gathered around the Lord's table.

"For where two or three are gathered in my name, I am there among them." Matthew 18:20

Eucharistic Congress 2028

Our Parish Pastoral Council will begin planning and reflecting on our parish's participation in the Eucharistic Congress 2028 in August.

This will be an exciting opportunity for our parish community to deepen our love of the Eucharist through prayer, formation, hospitality and outreach. The Council will discuss ways in which our parish can prepare spiritually and practically in the lead-up to this significant event in the life of the Church. To help keep parishioners informed, we have created a dedicated webpage featuring the latest news, resources, reflections and opportunities to become involved.

Visit: lumenchristi.org.au/ec28.



THIS WEEK'S

Readings & Commentary

Entrance Antiphon

Cf Psalm 47:10-11

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

First Reading

Zechariah 9:9-10

A reading from the prophet Zechariah

See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

Responsorial Psalm

Psalm 144:1-2. 8-11. 13-14 R. v.1

**(R.) I will praise your name for ever,
my king and my God.**

1. I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **(R.)**
2. The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R.)**
3. All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **(R.)**
4. The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **(R.)**

Second Reading

Romans 8:9.11-13

A reading from the letter of St Paul to the Romans

If by the Spirit you put an end to the misdeeds of the
body, you will live.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation

See Matthew 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom. Alleluia!

Gospel

Matthew 11:25-30

A reading from the holy Gospel according to Matthew

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Communion Antiphon

Psalm 33:9

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

REFLECTION by Fr Michael Tate

Not an Outsider but an Insider

In the Jewish story of the creation of Adam, the author has God fashion a figure of a human being out of damp earth, and then breathes into the nostrils of this clay figure. It becomes 'Adam'. In Hebrew, the word for breath, wind or Spirit is the same, so this story tells us that we become human when the Holy Spirit is breathed into our very being.

St Paul tells the early converts in Rome, those recently baptised, and therefore tells us who are baptised: 'The Spirit of God has made his home in you.'

Since your baptism, the Holy Spirit, the Breath of God, dwells in you in a special way. Baptism re-creates us, sharing in the life of the true Adam.

We could pause for a moment to pray:

Catechist Meeting

All Catechists are invited to attend the next Catechist Meeting in the Mgr John Rigney Room on 23 July at 11:00am. Please confirm your attendance with Patricia Calabro by emailing patricia.calabro@dow.org.au

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